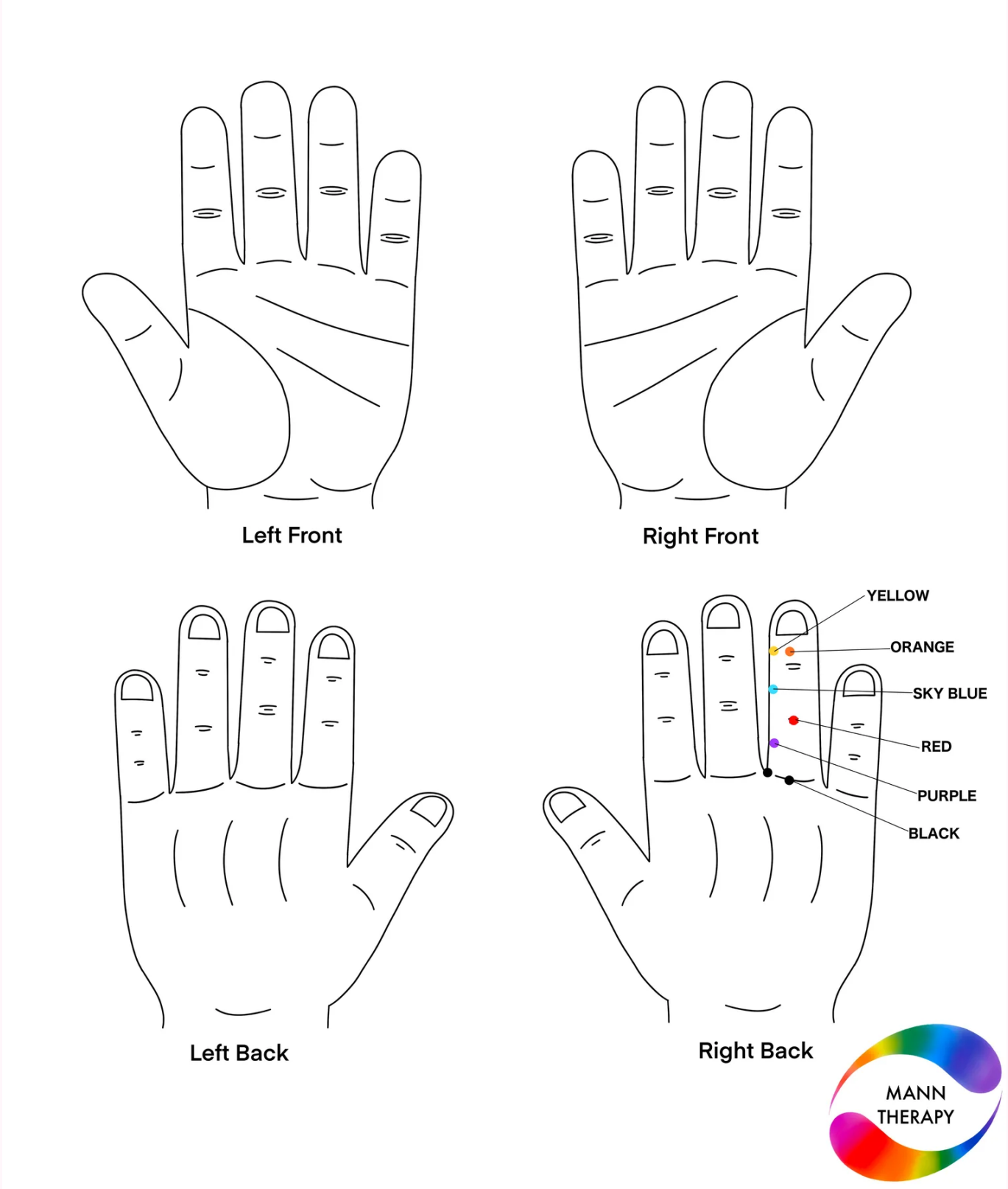
Stiffness: Lower Back to Thighs

Mann Therapy - Colour Therapy Solution



Click here for the colour therapy instructions PDF